

the loft specialties breakfast served all day

HOMESTYLE BREAKFAST 2 eggs - 11½ 3 eggs - 12½
eggs, any style, served with toast & hash browns, or pancakes and your choice of svf breakfast meats

HOMESTYLE TOMATO BREAKFAST 12½
2 eggs any style with your choice of meat served with sliced tomato and toast.

SVF BREAKFAST 12
2 eggs, any style, select a meat from the svf breakfast meats, 2 slices of toast, and fresh fruit

THE LIFESTYLE COMBO 12½
2 eggs served with cottage cheese, fresh fruit, and 2 slices of toast

BLUEBERRY PEROGIES 12½
our homemade blueberry perogies, pan-fried in browned butter served with fresh whipped cream, and your choice of meat from our svf breakfast meat menu

THE LOFT STEAK & EGGS
8 oz. ny steak 18 8 oz. rib eye 19
a marinated ny or rib eye steak (hormone-free, aged min. 21 days), served with 2 eggs any style, toast & hashbrowns (steaks may be ordered not marinated)

THE LOFT HUNGRY MAN BREAKFAST 15
3 eggs any style, with 2 strips of maple flavoured bacon, 2 breakfast sausages, 2 pork sausages, 2 slices of old-fashioned ham, hashbrowns and toast, or pancakes

PEROGIES & EGGS 16
4 homemade cheddar perogies, pan-fried and served with 2 eggs, any style, sauteed onions, diced bacon, sour cream, and 2 full strips of svf bacon

THE WEE MAN 9
1 egg any style, with choice of 2 strips of maple flavoured bacon, 2 breakfast sausage, or 2 maple pork breakfast sausage served with toast & hashbrowns, or pancakes

OLD FASHIONED OATMEAL 5½
creamy oatmeal served with cinnamon sugar

the loft breakfast special

no substitutions please
(served Monday thru Friday
6:30am – 10:00am excluding holidays)

2 eggs, any style, toast, hash browns, coffee, and choice of 2 strips of maple flavoured bacon or 2 sausages (maple pork or breakfast)
10



svf breakfast meats

maple flavoured bacon

breakfast sausage

maple pork sausage

maple flavoured turkey bacon

smoked bratwurst

wild garlic-garlic sausage

old fashioned ham

hot italian sausage

back bacon





YOUR BREAKFAST YOUR WAY

omelette's...

served with toast & hash browns, or pancakes
regular (3 eggs) king (5 eggs)
substitute any meal with fresh egg whites 3.00

WESTERN reg 13^{1/2} king 15^{1/2}
traditional western styled omelette served with old fashioned ham, onions, red & green bell peppers, grated cheddar cheese, and grilled half tomato

HAM & CHEESE reg 13^{1/2} king 15^{1/2}
filled with our delicious old fashioned ham and grated cheddar cheese

BROCCOLI AND CHEDDAR reg 13 king 15
simply broccoli and grated cheddar cheese

BENEDICT reg 14^{1/2} king 16^{1/2}
our back bacon with grated cheddar cheese, topped with our special homemade hollandaise sauce

ARE YOU KIDDING ME reg 16 king 18
filled with sautéed fresh spinach, onion, red & green bell peppers, mushrooms, maple flavoured bacon, cottage rolled ham, wild garlic-garlic sausage, cheddar cheese, and topped off with our mouth watering roasted red pepper sauce

BACON LOVERS reg 16 king 18
4 strips of diced bacon and cheddar cheese, topped with more cheddar and 2 strips of maple flavoured bacon

MEAT LOVERS reg 16 king 18
fill your belly with a quadruple dose of meat, SandyView's tasty wild garlic-garlic sausage, bratwurst sausage, maple flavoured bacon, breakfast sausage, cheddar cheese, and topped with our homemade gravy

VEGGIE reg 13 king 15
onions, mushrooms, spinach, red & green bell peppers, tomatoes, and feta cheese

SPINACH AND SWISS CHEESE OMELETTE reg 14 king 16
loaded with fresh saute spinach, onions and swiss cheese

build your own omelette...

served with toast & hash browns
regular (3 eggs) 13^{1/2}
king (5 eggs) 15^{1/2}
fresh egg whites add 3

1 choose your meat (1 only)
add extra meat for 2.00 each

- maple flavoured bacon
- maple flavoured turkey bacon
- wild garlic-garlic sausage
- back bacon
- old fashioned ham
- breakfast sausage
- smoked bratwurst
- maple pork sausage
- hot italian sausage

2 choose your vegetables
(up to 3) add extra veggies
for 0.75 each

- onions
- tomatoes
- fresh spinach
- mushrooms
- red & green bell peppers
- broccoli

3 choose your cheese
(1 only)

- swiss
- cheddar
- jalapeno havarti
- feta

frittatas are open faced omelette's that are topped with sour cream, salsa, & guacamole.

served with toast & hash browns

BACON & MUSHROOM 13
sautéed mushrooms, onions, maple flavoured bacon, smothered with grated cheddar cheese

3 CHEESE MUSHROOM 13
sautéed mushrooms, onions, and old-fashioned ham, grated parmesan, cheddar, and Swiss cheese

VEGGIE 13
fresh garden vegetables - spinach, onion, tomatoes, mushrooms, red & green bell peppers, and topped with feta

MEAT LOVERS 16
fill your belly with a quadruple dose of meat! SandyView's tasty wild garlic-garlic sausage, bratwurst sausage, maple flavoured bacon, breakfast sausage, and cheddar cheese

HAWAIIAN 14
old-fashioned ham, pineapple, mushrooms, onion, and cheddar cheese

poached eggs *served with homemade hash browns*

EGGS BENEDICT 13
two poached eggs with 2 sliced of back bacon, served on an English muffin, topped with our very own hollandaise sauce

THE LOFT BENNY 15
two poached eggs, back bacon, turkey bacon, & maple flavoured bacon, served on an english muffin, topped with homemade hollandaise sauce

VEGGIE BENNY 14
two poached eggs layered with sliced tomatoes, sauteed spinach & onion, grilled and served on an english muffin, topped with our homemade hollandaise sauce



pan scramblers *served with seasoned roasted potatoes & toast*
add a side of homemade hollandaise sauce 1½

COUNTRY SCRAMBLER 14
sautéed bacon, onions, red & green bell peppers, scrambled together with eggs, roasted potatoes and cheddar cheese

CANADIAN SCRAMBLER 14
back bacon, mushrooms, & tomatoes, scrambled together with eggs, roasted potatoes, and cheddar cheese

WESTERN SCRAMBLER 14
old fashioned ham, mushrooms, red & green bell peppers, & onions, scrambled together with eggs, roasted potatoes, & cheddar cheese

VEGGIE SCRAMBLER 14
spinach, onion, tomatoes, red & green bell peppers & mushrooms, scrambled together with eggs, roasted potatoes, and feta cheese, topped with our hollandaise sauce

MEAT LOVERS SCRAMBLER 16
fill your belly with a quadruple dose of meat! SandyView's tasty wild garlic-garlic sausage, bratwurst sausage, maple flavoured bacon, breakfast sausage, scrambled together with eggs & roasted potatoes, topped with cheddar cheese and gravy

MEXICAN SCRAMBLER 14 ½
onions, red & green bell peppers, hot italian sausage, roasted potatoes, eggs, and cheddar cheese scrambled together, then topped with salsa



DID SOMEONE SAY PANCAKES

pancakes

served with warm syrup on the side

HOMEMADE BUTTERMILK PANCAKES

- 2 pancakes 7
- 3 pancakes 9

PANCAKES & BERRIES 13^{1/2}

two stacked buttermilk pancakes topped with whipped cream, and triple berry compote

CHOCOLATE CHIP 12^{1/2}

2 of our homemade chocolate chip pancakes served with fresh whipped cream and drizzled with chocolate sauce

POTATO CAKE & EGGS 14

3 homemade golden brown potato pancakes, 2 eggs any style with choice of meat and toast

homemade waffles

served with warm syrup on the side

HOMEMADE WAFFLES 9^{1/2}

a crispy golden brown belgian waffle sprinkled with icing sugar

WAFFLES & BERRIES 14

triple berry compote & whipped cream smothering a crispy belgian waffle

CHOCOLATE 14

callebaut chocolate melted on a crispy belgian waffle, topped with whipped cream & fresh strawberries

BANANA SPLIT 15

a crispy belgian waffle topped with whipped cream, bananas, strawberries, pineapple, & chocolate sauce

WAFFLE & EGG 14

crispy belgian waffle topped with 2 slices of bacon and 2 eggs

french toast

served with warm syrup on the side

FRENCH TOAST 10

3 slices of golden brown french toast sprinkled with icing sugar

CREAM CHEESE EXPLOSION 12^{1/2}

2 slices of golden brown french toast stuffed with cream cheese filling, topped with fresh strawberries. served with your choice of svf breakfast meat

CINNAMON BUN FRENCH TOAST 14^{1/2}

our homemade cinnamon bun, sliced in half, dipped in our french toast batter, grilled until golden brown, covered with cream cheese, fresh strawberries, and served with 2 strips of maple flavoured bacon

breakfast sandwiches

comes with a side of hashbrowns

after 11:00am, fries may be substituted

BLT SANDWICH 12

4 strips of maple flavoured bacon with lettuce, tomato, & mayo, served on brown toast

THE LOFT SANDWICH 12

2 fried eggs topped with cheddar cheese and two slices of bacon, lettuce, tomato sandwich on brown toast

DENVER SANDWICH 12

eggs scrambled together with red & green bell peppers, green onions, diced old fashioned ham, cheddar cheese and mayo served on brown toast

BREAKFAST QUESADILLA 12

onion and peppers julienne scrambled together with 3 eggs folded in a tortilla with cheddar cheese, served with salsa sour cream
add guacamole 1^{1/2}

MEXICAN BREAKFAST BURRITO 13

hot italian sausage sauteed with onion, peppers, scrambled with 3 eggs and cheddar served with salsa and sour cream

the loft lunch menu

available at 11:00am

soups & salads

HOMEMADE SOUPS sm 5^{1/2} lg 8^{1/2}
please ask your server

GARDEN SALAD half 5^{1/2} full 8^{1/2}
mixed green fresh veggies

CLASSIC CAESAR SALAD half 6 full 9
crisp romaine lettuce tossed with shredded parmesan & creamy garlic caesar dressing, topped with crispy bacon, served with garlic bread

LOFT CHICKEN CAESAR SALAD half 9^{1/2} full 12^{1/2}
marinated chicken breast with sautéed onions, red & green bell peppers on a bed of romaine lettuce, bacon, croutons and parmesan cheese - served with garlic toast

burgers

served with tossed salad, french fries, or onion rings
substitute for sweet potato fries or caesar salad 1^{1/2}

BACON CHEESE BURGER 15^{1/2}
seasoned 8oz homemade burger served with lettuce, tomato, pickles, sliced onions, mustard, ketchup, mayo, and topped with SandyView bacon. Choice of swiss, cheddar, mozzarella or jalapeno havarti

MUSHROOM SWISS BURGER 15
seasoned 8 oz homemade burger covered with seared mushrooms & onions, topped with swiss cheese, lettuce, tomato, pickles, mustard, ketchup and mayo

THE LOFT MASTER BURGER 15
8 oz patty made with fresh ground beef & hot italian sausage, topped with caramelized onions, swiss cheese and our delicious red pepper sauce. Garnished with lettuce, tomato, pickles

THE LOFT GIANT STUFFED BURGER 15^{1/2}
seasoned 8 oz burger stuffed with sautéed bacon, onions, and cheddar cheese. Topped with more bacon and cheddar cheese, drizzled with our bbq sauce, lettuce, tomato, pickles, mustard, ketchup, and mayo

BISON BURGER 16
8 oz grilled bison patty with caramelized onions, cheddar cheese, lettuce, tomato, pickles mustard, ketchup and mayo

MARINATED CHICKEN BURGER 13^{1/2}
marinated chicken breast topped with sliced onions, mozzarella cheese, and drizzled with our bbq sauce, lettuce, tomato, pickles & mayo

hot from the kitchen

SANDYVIEW PEROGY MEAL
(6) perogies 11 (8) perogies 13
add bratwurst 3

homemade cheddar perogies served with sautéed onions, SandyView bacon, and a side of sour cream

A NEW DAILY CREATION
showcasing one of our delicious meats from SandyView!
please ask your server



the loft sandwiches

served with tossed salad, french fries, or onion rings
 substitute for sweet potato fries
 or caesar salad 1½



sandwiches & paninis...

THE REUBEN SANDWICH 13½

a stack of our pastrami topped with swiss cheese, sauerkraut, and dijon mustard, inside golden brown rye toast

MONTREAL SMOKED MEAT SANDWICH 13½

a pile of montreal smoked meat topped with swiss cheese & dijon mustard, inside golden brown rye toast

THE LOFT CLUB SANDWICH 13½

roasted turkey, old fashioned ham, & maple flavoured bacon with lettuce, cheddar cheese tomato & mayo, served on a bun

GRILLED ROASTED TURKEY PANINI 14½

free range pulled turkey with homemade stuffing, havarti cheese, red & green bell peppers and cranberry mayo

GRILLED ROAST BEEF PANINI 14½

roast beef, jalpeno havarti cheese, green & red bell peppers, horseradish mayo, onions and our bbq sauce



the loft sides...

side of meat	4½
sour cream	1
hash browns	4½
homemade french fries	4½
poutine	7½
1 egg	1¾
toast & jam	3
guacamole	2½
side of gravy	1½
salsa	1½
onion rings	4¾
sweet potato fries	6
chipotle mayo.....	1½

beverages

soft drinks (free refills)	3
boylan's pop	2¾
milk	sm 2¾ lg 3¾
chocolate milk	
	sm 2¾ lg 3¾
coffee (free refill)	2½
tea	2¾
hot chocolate	2¾
assorted juices	sm 3 lg 4

licensed

bottled beer	5¼
baileys (1oz).....	6¼
bottled caesars	6¼
big rock ciders	5¼
coolers	6¼